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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **WEEK 1**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Apple MuffinFlavored Applesce.Assorted Juice Assorted Milk | 1 ea. 4 oz. 4.23oz8 oz | 1 ea. 4 oz. 4.23oz 8 oz. | Honey Nut Cheerios / GFHard Boiled EggCraisins – S. BerryAssorted Juice Assorted Milk | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | Brown SugarCinnamon OatmealFruit SmoothieFresh Banana Assorted Milk | 1cup8oz.1ea.8oz. | 1cup 8 oz. 1 ea.8 oz. | Turkey Sausage, Egg, on BiscuitApple SlicesAssorted Juice Assorted Milk | 1 ea. 1 pk.4.23oz8 oz. | 1 ea. 1 pk.4.23oz8 oz. | Trix CerealCraisins-WatermelonAssorted Juice Assorted Milk | 1 ea.1 pk.4.23oz8 oz. | 1 ea.1 pk.4.23oz8 oz. |
| **WEEK 2**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Whole Wheat BagelCream Cheese Flavored AppleSce.Assorted JuicesAssorted Milk | 1 ea.1 oz. 4 oz.4.23oz8 oz. | 1 ea. 1 oz. 4 oz.4.23oz8 oz. | Cinnamon Tst. Crunch Cereal Hard Boiled EggCraisins – S. BerryAssorted JuicesAssorted Milk | 1 ea.1 ea.1 ea. 4.23oz8 oz. | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | Choc. Chip Muffin Trix Yogurt Fresh BananaAssorted Juice Assorted Milk | 1 ea. 4 oz.1 ea. 4.23oz8 oz. | 1 ea. 4 oz.1 ea. 4.23oz8 oz. | Turkey Sausage, Egg, on Croissant.Apple SlicesAssorted JuicesAssorted Milk | 1 ea.1 pk. 4.23oz8 oz. | 1 ea.1 pk. 4.23oz8 oz. | Frosted Mini-Wheats CerealCraisins-WatermelonAssorted JuicesAssorted Milk | 1 ea. 1 pk.4.23oz8 oz. | 1 ea. 1 pk.4.23oz8 oz. |
| **WEEK 3**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Banana BreadFlavored AppleSce.Assorted Juice Assorted Milk | 1 ea.4 oz.4.23oz8 oz. | 1 ea.4 oz.4.23oz 8 oz. | Lucky Charms/GFHard Boiled Egg Craisins – S. BerryAssorted Juice Assorted Milk | 1 ea.1 ea.1 ea. 4.23oz8 oz. | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | Brown Sugar Cinnamon Oatmeal Fruit SmoothieFresh BananaAssorted Milk | 1cup8 oz.1 ea. 8 oz. | 1cup 8 oz.1 ea. 8 oz. | Turkey Sausage, Egg, on BiscuitApple SlicesAssorted Juice Assorted Milk | 1 ea. 1 pk. 4.23oz8 oz. | 1 ea. 1 pk. 4.23oz8 oz. | Cinnamon Tst. Crunch Cereal Craisins-WatermelonAssorted Juice Assorted Milk | 1 ea.1 pk.4.23oz8 oz. | 1 ea.1 pk.4.23oz8 oz. |
| **WEEK 4**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Cinn. Raisin Bagel Cream Cheese Flavored AppleSce. Assorted Juice Assorted Milk | 1 ea. 1 oz. 4 oz.4.23oz8 oz. | 1 ea. 1 oz. 4 oz.4.23oz 8 oz. | Cocoa Puffs CerealHard Boiled EggCraisins- S. Berry Assorted Juice Assorted Milk | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | 1 ea. 1 ea.1 ea. 4.23oz8 oz. | Cornbread LoafTrix Yogurt Fresh BananaAssorted Juice Assorted Milk | 1 ea. 4 oz.1 ea. 4.23oz8 oz. | 1 ea. 4 oz.1 ea. 4.23oz8 oz. | Turkey Sausage, Egg, on CroissantApple SlicesAssorted Juice Assorted Milk | 1 ea.1 pk. 4.23oz8 oz. | 1 ea.1 pk. 4.23oz8 oz. | Lucky Charms/GFCraisins-WatermelonAssorted Juice Assorted Milk | 1 ea. 1 pk.4.23oz8 oz. | 1 ea. 1 pk.4.23oz8 oz. |

*The following items are also available as ala-cart*

|  |  |  |
| --- | --- | --- |
| **ALL BREAKFASTS** | **ALL LUNCHES**  |  |
| 1. 1% Milk & FF Chocolate Milk
2. Assorted Fresh Fruits
 | 1. 1% Milk & FF Chocolate Milk
2. Assorted Fresh Fruits
 |  |

All the above items are offered to complete the appropriate diets for well balanced meals. If there is a question about a student’s diet, please ask for an explanation.

This institution is an equal opportunity provider./Esta institucion es un proveedor que brinda igualdad de oportunidades.