



SURVIVING THE HOLIDAYS

PLEASE JOIN US TO DISCUSS STRESS MANAGEMENT DURING THE HOLIDAYS, LEARN ABOUT FREE ACTIVITIES AND RESURCES TO DO WITH YOUR CHILD, AND SHARE YOUR EXPERIENCES WITH OTHER PARENTS. THIS IS HYBRID EVENT; IN-PERSON AND VIRTUAL.

DECEMBER

6th

6pm-7pm

QUESTIONS; PLEASE CONTACT
CYNTHIA
CYNTHIAR@MDSCHBLIND.ORG
SCAN BARCODE TO REGISTER

