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| **WEEK 1**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Shrimp Creole Brown RiceRoasted CauliflowerFresh OrangeAssorted Milk  | 1 C1 C1 C1 ea.8 oz | 1.25C1.25C1 C1 ea8 oz | Pizza Crunchers Steamed BroccoliWW Dinner Roll BananaAssorted Milk | 3 ea1 C1 ea. 1 ea. 8 oz | 5 ea1 C1 ea. 1 ea8 oz | Chili Con CarneBrown RiceCornFresh AppleAssorted Milk | 1 C½ C1 C1 ea8 oz | 1 C.1 C 1 C1 ea8 oz | BBQ Chicken On WW RollHoney Carrot CoinsCheddar PopcornFresh PearsAssorted Milk | 1 ea1 C1 ea.1 ea8 oz | 1 ea1.25C1 ea. 1 ea8 oz | Chicken Salad w/ WW Hot Dog RollBlack Bean & Corn SaladFresh OrangeAssorted Milk | 1 ea¾ C1 ea.8 oz | 1 ea1 C1 ea.8 oz |
| **WEEK 2**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Chicken Tenders w/ Honey Mustard Sweet Potato, BakedWW Dinner RollFresh OrangeAssorted Milk | 3 ea1.5oz1 ea.1 ea. 1 ea8 oz | 4 ea1.5oz1 ea.1 ea.1 ea8 oz | Hot Dog on WW RollKetchup Packet Baked Beans BananaAssorted Milk | 1 ea1 ea. 3/4 C1 ea8 oz | 1 ea1 ea. 1 C1 ea8 oz | Hamburger/WW Roll Ketchup Packets Lettuce & 2 Sl. Tom.French Fries Fresh AppleAssorted Milk | 1 ea2 ea. 1 ea.3/4C1 ea8 oz | 1 ea2 ea. 1 ea1 C1 ea8 oz | Chicken Teriyaki Steamed BroccoliBrown Rice Fresh PearsAssorted Milk | 1 ea1 C¾ C1 ea8 oz | 1 ea1 C1.5 C1 ea8 oz | Tuna Salad on a WW RollLettuce & 2 Sl. Tom.Cole SlawFresh OrangeAssorted Milk | 2 oz.1 ea.1/2C1 ea8 oz | 4 oz.1 ea.1 C1 ea8 oz |
| **WEEK 3**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Pulled Pork BBQOn a WW RollSteamed Broccoli Fresh OrangeAssorted Milk | 3 oz1C1 ea8 oz | 6 oz1 C1 ea8 oz | Popcorn Chicken w/ Honey Mustard Lima Beans WW Dinner Roll BananaAssorted Milk | 2.75oz1.5oz 3/4 C1 ea. 1 ea8 oz | 3 oz1.5oz1 C1 ea. 1 ea8 oz | Stuffed Crst Dippersw / Marinara Roasted ZucchiniGarlic Bread Fresh AppleAssorted Milk | 2 EA2 oz. 1 C1 ea.1 ea8 oz | 2 EA 2 oz. 1 C1 ea. 1 ea8 oz | Chicken Stir Fry w/Japanese Blend VegBrown Rice PeasFresh PearsAssorted Milk | 1 C 3/4 C¾ C1 ea8 oz | 1.25C1.25C1 C1 ea8 oz | Turkey & Chs. SubLettuce & 2 Sl. Tom.Mayo Packet Fresh Baby CarrotsRanch Cup Fresh OrangeAssorted Milk  | 1 ea1 ea.1 ea. 3/4C1 oz 1 ea8 oz | 1 ea1 ea.1 ea.1 C1 oz1 ea8 oz |
| **WEEK 4**Monday | K-8 | 9-12 | Tuesday | K-8 | 9-12 | Wednesday | K-8 | 9-12 | Thursday | K-8 | 9-12 | Friday | K-8 | 9-12 |
| Lasagna Roll Up w/ Marinara Steamed CarrotsGarlic BreadFresh OrangeAssorted Milk | 1 ea2 oz. 1 C1 ea8 oz | 1 ea2 oz.1 C1 ea8 oz | Chicken Patty/ WW RollMayo PacketLettuce & 2 Sl. Tom.Rsted Green BeansBananaAssorted Milk | 1 ea.1 ea.1 ea.1 C1 ea8 oz | 1 ea. 1 ea. 1 ea.1 C1 ea8 oz | **Nachos Grande**Taco MeatTortilla Chips WGNachos GarnishS.W. Pinto BeansFresh AppleAssorted Milk | 1.5oz1 ea.1 ea. ½ C1 ea8 oz | 3 oz. 1 ea. 1 ea. 1 C1 ea8 oz | Fish sandwich on WW roll Lettuce & 2 Sl. Tom.Tartar Sauce CornFresh PearsAssorted Milk | 1 ea.1 ea.1 ea.1/2 C1 ea8 oz | 1 ea.1 ea.1 ea.1 C1 ea8 oz | Chicken Ranch WrapBroccoli SaladFresh OrangeAssorted Milk | 1 ea ¾ C1 ea8 oz | 1 ea1 C1 ea8 oz |

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| **ALL BREAKFASTS** | **ALL LUNCHES**  | **ALL BREAKFASTS AND LUNCHES** |
|  |  | 1. 1%, Skim, and FF Chocolate Milk
2. Assorted Fresh Fruits
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ALL THE ABOVE ITEMS ARE OFFERED TO COMPLETE THE APPROPRIATE DIETS FOR WELL-BALANCED MEALS. If there is a question about a student’s diet, please ask for an explanation. *In accordance with federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.*